

St. Albert Soccer Association

Men's Masters Recreational Soccer League By-Laws and General Rules and Regulations¹

(Effective March 16, 2009)

**Players who register to play in SAMMRS� must
as a condition of registration, agree to respect
and abide by these By-Laws, General Rules and
Regulations.**

¹ Adapted from the Senior Men's Bylaws and General Rules and Regulations, dated April 8, 2002. The intent is to maintain consistency particularly with respect to discipline of rough, violent or unsportsmanlike play. Changes reflect the primary focus on the recreational aspect of the Men's Masters Recreational Soccer League and a lower level of formality in team organization and operation.

SCALE OF PUNISHMENTS FOR GAME REGULATION VIOLATIONS:

For the purposes of these rules,

“the ASA” means the Alberta Soccer Association;

“the Association or SASA” means the St. Albert Soccer Association;

“the CSA” means the Canadian Soccer Association;

“the Disciplinary Chairman” means the person appointed by the Association to act as chair of the Association Disciplinary Committee;

“the Disciplinary Committee” means the St. Albert Men’s Masters Recreational Soccer League Committee seized with an appeal from the original decision made by a Disciplinary Coordinator;

“the Disciplinary Coordinator” is the person or persons appointed or elected by the St. Albert Men’s Masters Recreational Soccer League to make decisions in the first instance about the application of this disciplinary code to conduct of a player, team officer or team;

“team officers” means the team manager and coach and any assistants as identified on the Alberta Soccer Association form completed and signed for registration prior to each season;

“Game officials” means referees and assistant referees officiating a game;

“League or SAMMRSL” means the St. Albert Men’s Masters Recreational Soccer League;

“League officials” means those officials appointed or elected by SAMMRSL members.

“season” means regular season games and tournament games.

1. Registration Violations

- 1.1 Use of under age players.
- 1.2 Use of players without Player Registration Number (PRN) Cards during the season.
- 1.3 More than 25 registered players at any one time.
- 1.4 More than 5 registered players who are under 40 years of age as of time of registration.*

Punishment:

First Occurrence -The team officers shall be reprimanded.

Second Occurrence - In addition to the above, the team officers shall be suspended pending a hearing and disciplinary action by a Disciplinary Coordinator. A \$50.00* minimum fine will be levied payable prior to any further participation in soccer.

Subsequent Occurrences - In addition to all of the above, the team and team officers shall be suspended pending a hearing and disciplinary action by the Disciplinary Chairman. A \$100.00* minimum fine will be levied payable prior to any further participation in soccer.

2. Non-registered and/or suspended players:

- 2.1 Use of non-registered players
- 2.2 Use of suspended players
- 2.3 Use of illegally registered players

Registration closes June 15 end* All fines or protest fees noted in these rules and regulations to be made payable to the St. Albert Men’s Masters Recreational Soccer League, and in the form of money order or cheque.

Punishment:**First Occurrence**

- The team officers shall be reprimanded, and a \$50.00 fine will be levied payable prior to any further participation in soccer. The unregistered or suspended player(s) shall be suspended for (1) year.

A Discipline Coordinator who accepts that a suspended player played a suspension game in honest error or through miscommunication may waive the fine and the one year suspension.

Second Occurrence - In addition to the above, the team and team officers shall be suspended pending a hearing and disciplinary action by the Disciplinary Chairman. A \$100.00 minimum fine will be levied payable prior to further participation. The unregistered player shall be suspended for an additional one (1) year.

Subsequent Occurrences -In addition to all the above, the team and team officers shall be suspended pending a hearing and disciplinary action by the Disciplinary Chairman and by the A.S.A. A \$200.00 minimum fine will be levied payable prior to further participation in soccer. The team in question may be expelled from the league. The unregistered or suspended player shall be suspended for (1) year.

3. Teams not showing or arriving late:

3.1 No show by either team

3.2 Late show (i.e. one or both teams are not on the field of play ready to kick-off within 15 minutes of the assigned kick-off time with a minimum of seven (7) players on the field of play, together with requisite equipment in place, namely: regulation goal nets, regulation corner flags and regulation ball.) If, after having started the game a team falls below the minimum seven players, then the game will end. No automatic fine applicable.

Punishment:

A player must play for the team with which he is registered (i.e. no loaning of players from one team to another). Teams not having a minimum of seven (7) players on the field within 15 minutes of the assigned kick-off time will forfeit the game. This league is recreational in nature, therefore, no punishment is assigned for violation of this rule. Teams may choose to play a scrimmage for those players who do show for a game, however, such a scrimmage will not count as a regulation game and will not be officiated.

4. Equipment²:

4.1 No regulation goal net appropriately secured to the goals and in good state of repair.

4.2 Not having three (3) regulation corner flags at the field.

4.3 No regulation game ball of the correct shape, size and pressure and in good state of repair (Home team).

Punishment:

No punishment assigned for violation of this rule.

² All teams are responsible for providing their own equipment and having the equipment in place prior to commencement of the game.

SCALE OF PUNISHMENTS FOR FIELD OFFENCES:

Suspensions that are not completely served during a season (including tournament play) are carried forward to be served in the next season.

For the purposes of this Part (Scale of Punishments for Field Offences), “sent-off” means being instructed by a referee to leave the field for the duration of the game in question.

1. Player Cautions:

Cautions are yellow cards and are issued in accordance with the Laws of the Game as determined by FIFA. They are distinct from red cards. If a player is sent-off for a second cautionable offence then the cautions are nullified and the player is suspended as in the following clause 2. If a player is cautioned and then sent-off for a serious foul play, violent conduct or any of the sending off offences, then the caution will be added to his record.

All yellow cards are recorded, with a potential for a suspension arising from cumulative cautions over a season. Any player cautioned seven times in one season shall be dealt with by the Discipline Committee, and the Committee may exercise discretion in applying a penalty necessary and appropriate in the circumstances.

Punishment: (All suspensions apply to official scheduled games).

When a player has three (3) cautions recorded - One (1) game suspension

An additional two (2) cautions– one game suspension

Additional one (1) caution – two (2) game suspension

Additional one (1) caution – four (4) game suspension and a discipline hearing

Two cautions in a single game will not count as above, and instead will be treated as a red card.

2. Players Sent-Off For: (red carded)

All red card offences as set out in Article 2 through 8 inclusive shall result in being sent off for the remainder of the game as well as the designated penalties. A third red card offence in a single season shall result in a suspension of a minimum of one (1) calendar year plus any additional sentence imposed at the discipline hearing. See Article 9.1 *Repeated Ejections*.

2.1 Second cautionable offence.

2.2 Intentional handball on goal-scoring opportunity.

2.3 Taking obvious opportunity to score away from opponent (subject to referee’s report and depending on severity of offence. Could fall under serious foul play).

2.4 Any slide tackle executed upon an opposing player.

Punishment:

First Offence - One (1) game suspension.

Second Offence - Two (2) game suspension.

Subsequent Offences - Minimum three (3) game suspension and a mandatory Discipline Hearing heard directly by a Discipline Committee.

3. Players Sent-Off for:

3.1 Foul, discriminatory or abusive language aimed at team members, opponents or spectators.

Punishment:

First Offence -Two (2) game suspension.

Second Offence -Four (4) game suspension.

Third Offence -Six (6) game minimum suspension.

3.2 Foul language not directed at an individual.

Punishment:

First Offence -One (1) game suspension.

Second Offence -Two (2) game suspension.

Third Offence -Three (3) game minimum suspension.

SAMMRSL has a zero tolerance stance on abusive, offensive, and/or insulting remarks.

Any individuals uttering abusive, offensive, and/or insulting remarks will be subject to disciplinary action. In the event that a player or team official uses offensive language that is not directed at an individual (shouted out of frustration) , the offending individual is to be verbally reprimanded by the referee. A second offense by an individual previously reprimanded in that game will result in an ejection from the game.

4. Players Sent-Off for:

4.1 Violent conduct

4.2 Serious foul play

Punishment:

First Offence - Three (3) game suspension.

Second Offence - Six (6) game suspension.

Third Offence - Disciplinary hearing.

5. Players Sent-Off for:

5.1 Striking an opponent or spectator (e.g. kicking, punching).

5.2 Spitting at an opponent or spectator.

5.3 Threatening an opponent or spectator.

Punishment:

First Offence -Five (5) game suspension and a \$50.00 fine.

Second Offence -Ten (10) game suspension and a \$100.00 fine.

Subsequent Offences -Fifteen (15) game suspension and further disciplinary action.

All player fines, regardless of offence, to be paid by the player before any further participation in soccer.

6. Players Sent-Off for:

6.1 Fighting an opponent or spectator.

Punishment:

First Offence -Six (6) game suspension and \$50.00 fine and a disciplinary hearing.
Second Offence -Twelve (12) game suspension and \$100.00 fine and a disciplinary hearing.
Subsequent Offences -One (1) year minimum suspension and further disciplinary action.

7. Players Sent-Off for:

7.1 Foul and abusive language directed at the game officials.

Punishment:

First Offence - 30-day suspension.
Second Offence - 60-day suspension.
Third Offence - One year suspension.

8. Players Sent-Off for:

- 8.1 Intentional physical contact with the Game Officials or League Officials (e.g. pushing, spitting) prior to, during or after the game. (This will go directly to the ASA for disciplinary action).
 8.2 Threatening or harassing the Game Officials or League Officials when acting on behalf of the league at any time.
 8.3 Striking, spitting, kicking or any form of violent conduct or attempted violent conduct on the Game Official or League Officials

Punishment:

First Offence -up to one (1) year suspension.
Second Offence -Further disciplinary action, including a minimum of one(1) year and maximum of five (5) year suspension.
Subsequent Offences -Lifetime suspension/expulsion from the league.

9. Repeated Ejections:

9.1 Any player found guilty of a third (3rd) red card in one (1) calendar year shall be suspended for a minimum of one (1) calendar year in addition to any sentence imposed at the hearing.

10. Misconduct By Teams:

- 10.1 Leaving the field in protest.
 10.2 Refusing to continue the game.

Punishment:

First Offence - The team officers shall be suspended pending a hearing and disciplinary action by the Disciplinary Chairman. A minimum \$75.00 fine and a minimum \$100.00 shall be paid to and held (cash) by SAMMRSL for a period of twelve months . At the end of twelve months League officials shall, in their

absolute sole discretion, determine if the \$100.00 shall be returned to the team in question.

Second Offense -In addition to all of the above and aforementioned, the team and team officers shall be immediately suspended pending a hearing and disciplinary action by the Disciplinary Chairman.

11. Misconduct by Teams:

11.1 Members of both teams engage in a fight or brawl resulting in the game being abandoned.

Punishment:

First Offense -Immediate suspension of the teams and team officers pending a hearing and disciplinary action by the Disciplinary Chairman. A minimum \$75.00 fine and minimum \$100.00 bond to be posted for a period of 12 months will be levied payable prior to any further participation in soccer.

Second Offense - Same as clause 7 (misconduct by teams)

12. Teams Officers Officially Warned For:

- 12.1 Entering the field of play without permission.
- 12.2 Dissent by word or actions to the game Officials.
- 12.3 Ungentlemanly conduct.

Punishment:

First Offense -One (1) game suspension.
Second Offense -Two (2) game suspension.
Third Offense -Minimum three (3) game suspension.

13. Team Officers Ejected for Persisting in Any of the Above:

Individuals who are team officers are suspended in their status as an officer are also suspended in that individual's capacity as a player.

Punishment:

First Offense -Two (2) game suspension.
Second Offense -Four (4) game suspension.
Subsequent Offences -Minimum (6) game suspension.

14. Team Officers Refusing to Assist Game Officials or League Officials Prior to, During, and After the game:

- 14.1 In maintaining sideline control and discipline
- 14.2 In controlling identifiable team supporters when requested by the Game officials or League Officials.

Punishment:

- First Offence** -Three (3) game suspension.
Second Offence -Six (6) game suspension.
Subsequent Offences -Minimum nine (9) game suspension.

15. Team Officers Ejected For:

- 15.1 Striking or attempting to strike an opponent or spectator.
 15.2 Spitting at an opponent or spectator.
 15.3 Threatening or harassing an opponent or spectator.
 15.4 Foul or abusive language directed at opponents, spectators, or Game Officials.

Punishment:

- First Offence** -Five (5) game suspension.
Second Offence -Ten (10) game suspension.
Subsequent Offences -Minimum fifteen (15) game suspension.

16. Team Officers Ejected For:

- 16.1 Fighting an opponent or spectator.
 16.2 Intentional physical contact with the game officials.
 16.3 Threatening or harassing the game officials.

Punishment:

- First Offence** -Immediate and indefinite suspension of the team officer pending a hearing and disciplinary action by the Disciplinary Chairman of SASA. A minimum \$75.00 fine and minimum \$100.00 shall be paid to and held (cash) by SAMMRSL for a period of twelve months. At the end of twelve months, League officials shall, in their absolute sole discretion if the \$100.00 shall be returned to the team in question.

MEN'S MASTERS RECREATIONAL SOCCER LEAGUE BY-LAWS

Referees and Assistant Referees:

1. All referees and assistant referees (Game Officials) shall be under the jurisdiction of the Association through the Referee-in-Chief and through him to the Association Executive.
2. Every attempt should be made to try to avoid having a registered player with St. Albert Men's Masters Recreational Soccer League referee a game in the league, though he may appear as a linesman and he is expected to referee a game when the designated referee does not attend the game.
3. The Game Officials for each game shall be appointed by the Association official designated for such duties. If no previous arrangements have been made, and through unforeseen circumstances a referee is unable to act, the home team's designated referee shall referee the first half of the game and the visiting team's designated referee shall referee the second half of the game. Each Masters Recreational League team shall designate a qualified referee to serve this role, before the commencement of each season.
4. Game Officials shall receive fees as laid down by the Association.
5. All referees shall, within 24 hours following the completion of a game in which they officiated, forward a written report to the League Disciplinary Coordinator detailing any incidents which may have taken place before, during, or after the game (e.g. Sending-offs, team officer warnings or ejections, match abandoned etc.)
6. The Victoria Soccer Club shall decide if the ground is fit to play on for games played at Victoria S.C. For games not played at Victoria S.C., the referee shall decide if the ground is fit to play on.
7. Complaints by, or against Game Officials shall only be considered if forwarded to the League Disciplinary Coordinator in written form.
8. The Discipline Committee hearing an appeal from a decision of a Discipline Coordinator may summon any Game official before an appeal/misconduct hearing to clarify a report filed with a Discipline Coordinator.
9. The Executive of the Association, the Referee-in Chief, or the Committee appointed for such purpose, shall reserve the right to summon any Game Official before a specified meeting to clarify his or her reports or answer for his or her misconduct within the jurisdiction of the Association.

Games and Competitions:

1. All games played by the clubs and teams affiliated with the Association shall be controlled by the Facilities and Schedule Coordinator (the F & S Coordinator) of the SAMMRSL.
2. The Facilities and Schedule Coordinator shall distribute schedules to the club and team officers and such a schedule shall be considered sufficient notice for proper participation.
3. The F& S Coordinator shall inform the club and team officers as well as the Game Officials of any change in the schedule.
4. Any games (league or cup) that are postponed due to ground or inclement weather conditions shall be re-scheduled by the F & S Coordinator.
5. The SAMMRSL and the Association retain the right of granting or refusing admission to any game of any person(s), and shall also have the right to remove from the game any person(s) whose presence there may prove to be detrimental to the game.
6. All shirts of players in a game must be clearly numbered on the back. The goalkeeper shall have a different colored shirt which distinguishes him from his team-mates, the other team and referee. It need not be numbered.

Game Sheets:

1. Official game sheets are to be used for all league and cup-trophy games. These game sheets are to be filled in correctly and given to the Game Officials 15 minutes prior to the scheduled kick-off time. Filled in correctly means that the sheets must be signed by the coach and/or manager with a list of no more than 25 players with their shirt numbers also entered.
2. The game sheets from both participating teams are to be returned to the League Disciplinary Coordinator or Director by the referee within 24 hours of the completion of the game.
3. Any player whose name appears on the game sheet and who has been deemed ineligible to play by the Association Executive and/or League Disciplinary Coordinator automatically become the responsibility of the team whose game sheet his name appears on. Any breach of this specific item will be dealt with as stated in the recommended punishments under the “Non Registered and/or Suspended Players” violation.
4. Any infringements of the “Game Sheets” rule, unless otherwise stated, shall be punished with a \$25.00 fine. After the third infringement in the same season the fine shall be \$50.00. Further breaches of this rule may result in a hearing with the Disciplinary Chairman.

Duration of Games:

1. Games shall be divided into two equal halves of 45 minutes each, with a half-time not exceeding five minutes except by consent of the Referee. Because of local conditions the 90 minute game may be shortened under the following rules:
 - 1.1 If, before the start of the game, the referee feels that because of threatening weather or light conditions it may be impossible to play a full 90-minute game, he shall call the captains together and ask them to agree on a shortened game. Should the captains fail to agree on the shortened time to be played, the referee shall set the time to be played, and his decision shall be binding and final.
 - 1.2 When a game is started under normal conditions, or as under section 1.1 above, and the referee later believes that early darkness or adverse conditions may lead to player injuries, he shall then call the game, and the score in the game at this time shall stand provided that a minimum of 60 minutes has been played (the referee being the only time keeper).
2. Games abandoned by the referee because of player or spectator demonstrations and/or violence must be reported directly to a League Disciplinary Coordinator.
3. In all games the referee shall be the only official time-keeper, and he shall be in complete charge on the field in accordance with the Laws of the Game.

Substitutes:

1. Substitutes shall be permitted in all games (league and cup) as follows:
 - 1.1 Unlimited substituting shall be allowed whether in regular or extra-time. Substitutions are at the discretion of the referee.
 - 1.2 A player replaced by a substitute can himself be later allowed to return to the game as a substitute.
 - 1.3 All substitutes must wait for the signal from the referee before entering the field of play. Substitutions take place at center field.
2. No substitution shall be permitted for a player sent-off from the field of play after play has started.
3. A substitute shall be subject to the authority of the referee whether he is called upon to play or not.
4. A maximum of four substitutes can be used per substitution.

Player Recruitment:

1. All teams are free to recruit players from anywhere within the Association's jurisdiction area.
2. All teams are free to recruit players from anywhere outside the Association's jurisdiction area providing that the players are not registered with other men's teams, leagues or Associations registered with the ASA.
3. All teams are free to recruit players from other men's soccer teams, leagues or Associations registered with the ASA providing:
 - 3.1 Formal written approval of the respective Association has been received.
 - 3.2 A player must ASA register with his SAMMRSL team. -

Registrations:

1. The team registration fee, set annually by the St. Albert Men's Masters Recreational Soccer League, is required to be paid in the following way:
 - a.) Full fee by April 28th

Cheques and money orders to be made payable to the SAMMRSL.

2. A team or player shall not be eligible for any participation in the program unless all outstanding debts, including fines, owed to the SAMMRSL, St. Albert Soccer Association, ASA, or CSA have been paid.
 3. The SAMMRSL may assess an additional fee to cover any required expenses for operating the league, subject to approval at the last pre-season league executive meeting immediately prior to commencement of the league schedule.
 4. Each team must be registered with the Association. Such registration is valid for one calendar year.
 5. Each player must be ASA registered with the SAMMRSL team for which he will play.
- Team officers are required to register teams by completing an ASA registration form. All completed copies of the form shall be forwarded to the league Registrar or his or her alternate. An approved copy shall be returned to the team officer prior to the first game being played. No team shall be allowed to have more than 25 players registered at one time. Each player shall be registered on a player registration form complete with individual Player Registration Number (PRNs), name, and birthdate. Original registrations shall include a photo copy of a visual identification with birth date information. No team shall have more than 5 players registered who are younger than 40 as of the day end of June 15. Teams in good standing from the previous year shall have registration priority and for new teams priority will be given to St. Albert teams.
6. All player registrations for league games must be made at least 24 hours prior to participation.
 7. All games shall be played at Victoria SC unless otherwise stated by the League Facilities and Schedule Coordinator.
 8. The transfer and registration deadline is midnight of June 15th subject to any extension of time as allowed by the League Registrar for good cause (e.g. team rosters depleted by injury or other unforeseen cause).
 9. Players wishing to transfer teams within the SAMMRSL cannot automatically transfer to their team of choice. Any player wishing to transfer from one SAMMRSL team to another must notify the League Registrar of his intentions by April 1. The League Registrar and League Director will make said player available to teams in a "draft" with the team finishing at the bottom of the standings in the year-end tournament getting first choice, the team finishing second-last getting second choice, etc. In the event that no year-end tournament is held, the League Registrar and Director will determine order of selection by teams requiring players.

Disciplinary Procedures:

1. Field violations are to be recorded on a misconduct report by the Game Officials (referee) and sent to a Disciplinary Coordinator for the St. Albert Men's Masters Recreational Soccer League.
2. The office of Disciplinary Coordinator may be held by one or two persons simultaneously, provided that the League Officials and Team Managers of SAMMRSL so approve and so appoint.
3. Every effort shall be made to ensure that a misconduct matter that involves a team-mate of a Discipline Coordinator shall be transferred to the other appointed Discipline Coordinator. In the event that a delegation is not possible, or is too difficult to accomplish in a timely manner, the decision made by the respective Discipline Coordinator shall not be challengeable solely on the ground that a delegation was not made.
4. The Disciplinary Coordinator shall apply all of the prescribed disciplinary measures contained in this document as may be changed from time to time. The penalties so prescribed are mandatory and are the minimum penalties to be applied. Disciplinary Coordinator (s) may, with the approval of the League Chairman, at their discretion increase the minimum penalties if in their opinion the offence committed warrants an increase. An example of this would be if a player, who, after being sent-off, commits another offence such as spitting at an opponent before he leaves the field of play. In this case the player would receive a longer suspension depending of the facts noted on the referee's report. Another example would be if a player is sent-off for serious foul play and it is indicated on the referee's report that this player had intended to injure an opponent. In this case, as previously noted, the player will receive a longer suspension than the basic two games for serious foul play.
5. The Disciplinary Coordinator shall inform the affected team officers of any suspensions to their players. This shall be done as soon as possible after receiving the misconduct report from the Game Official.
6. Where reference for an appeal or review is made to the responsible Disciplinary Coordinator for a appeal, then the Disciplinary Coordinator must refer the violation to the Disciplinary Committee in writing as soon as practicable. No appeals will be accepted for consideration unless, and until the reasons for appeal are clearly described in writing and delivered to a Disciplinary Coordinator. The reasons for appeal must clearly set out the facts asserted which would justify an overturning or moderation of the ruling of the Game Official or Discipline Coordinator in question.
7. Where reference for a further appeal or review beyond the Disciplinary Committee is made to the Disciplinary Chairman of the SASA then the Disciplinary Coordinator must refer the violation to the Disciplinary Chair in writing as soon as practicable.
8. Players sent off the field of play for misconducts shall not play again in the same game or be substituted for in that game and shall miss the next one game (one game being the minimum punishment for a sending-off). In addition, the player shall serve such greater suspension as may be applicable for the particular offence committed and as contained in the recommended punishments of this document.
9. There shall be no disciplinary hearing unless so stated in the recommended punishments, or unless an official appeal is submitted.
10. Where punishments refer to the first offence, then this shall mean the first occasion that the player was sent-off for that particular offence.
11. Where punishments refer to the second offence then this shall mean the second occasion that a player has been sent-off for that particular offence. If a player is sent-off in another game for a different type of offence then the Disciplinary Coordinator will decide the suspension based on the specifics of the offences.
12. Suspensions that have not been served prior to the end of the season in which the suspension was imposed shall be carried over to the next season in which the player is registered. All of the suspensions shall be served.

13. All suspensions must be served for games scheduled by the SAMMRSL. A suspended player in any ASA league shall not play in the SAMMRSL while suspended.

Misconduct Hearings and Appeals to Discipline Committee:

1. Any player cautioned (yellow carded) seven times in one season shall be dealt with by the Disciplinary Committee.
2. Any players sent-off for misconducts, or any team officers reported for misconducts and required to be dealt with by the Disciplinary Committee shall be dealt with as soon as practicable after the incident on consideration of the reports at hand, and the decision, given to those involved as soon as possible, shall be binding and shall not be suspended pending any other appeal, dispute or protest of the decision.
3. When a hearing is called by the Disciplinary Coordinator to facilitate an appeal for the consideration of the Discipline Committee or further appeal to the Disciplinary Chairman, the players or other team members or team officers required in attendance shall be informed of the time, date, and place of such hearing by a notice from the Disciplinary Coordinator or Disciplinary Chairman to the club or team representative concerned, or other officer of the club or team, and it shall be their duty to inform the member(s) of the hearing and have him (them) present thereat. The representative shall speak on behalf of the players(s) or member(s) if he so desires at the hearing. Others also required to be present shall be given notice by the Disciplinary Coordinator or Disciplinary Chairman.
4. At the hearing the report outlining the misconduct shall be read, together with earlier decisions on the matter, if any, and the case dealt with, or adjourned if further evidence is found to be necessary, and the decision eventually arrived at shall be binding, and shall not be suspended pending any other appeal, dispute, or protest of the decision.
5. Players sent-off for misconducts shall not play again in the same game or be substituted for a minimum of one game until a decision is given on the misconduct for which they were sent-off, either by the Disciplinary Coordinator, or as a result of a Disciplinary hearing.
6. Any team member or player shall be automatically suspended until such time as he presents himself before such a body.
7. An appeal with regard to the decision of the Disciplinary Coordinator, the Discipline Committee or Disciplinary Chairman may be made in a like manner to that outlined under "Appeals, Protests, and Disputes."

Appeals, Disputes, and Protests:

Appeal from Original Decision

1. An appeal of an original decision made by a Disciplinary Coordinator shall be first heard by a Disciplinary Committee consisting of:
 - a.) the second Disciplinary Coordinator as Chair (who was not involved in the original decision),
 - b.) the League Director, and
 - c.) an unbiased SAMMRSL player as selected by the League Director and Disciplinary Committee Chair.
2. Any appeal of an original decision made by the Disciplinary Coordinator with regard to games must be made in writing to the Disciplinary Coordinator who made the original decision within 48 hours of the decision, and must be accompanied by the appeal, dispute, or protest fee of \$50.00 which will be refunded only if the appeal, protest, or dispute is upheld. No written document can be considered an appeal, dispute or protest unless it is accompanied by the stated fee and is received within the proper time limit (all fees as previously noted to be certified cheque or money order). No appeals will be

accepted for consideration unless, and until the reasons for appeal are clearly described in writing and delivered to a Disciplinary Coordinator. The reasons for appeal must clearly set out the facts asserted which would justify an overturning or moderation of the ruling of the Game Official or Discipline Coordinator in question. The Disciplinary Committee shall then deal with the matter and communicate their decision to the player concerned in writing..

Appeal from Discipline Committee

3. A further appeal of the Disciplinary Committee decision may be made within 48 hours of receipt of the written decision of the Disciplinary Committee by the person concerned. The further appeal must be made in writing to the Discipline Chair of the St. Albert Soccer Association and must be accompanied by an additional fee of \$50.00. The additional fee will be refunded only if the further appeal, protest, or dispute is upheld. No written document can be considered a further appeal, dispute or protest unless it is accompanied by the stated fee and is received within the proper time limit (all fees as previously noted to be paid by cheque or money order).

Appeal from Disciplinary Chairman of the SASA

4. Any appeal, dispute or protest of a decision made by the Disciplinary Chairman may be made in writing to the Executive of the Association within 72 hours of the decision and must be accompanied by an appeal, dispute, or protest fee of \$75.00 which shall be returned only if the appeal, dispute, or protest is upheld. No written document can be considered as an appeal, dispute, or protest unless it is received within the proper time limit. The Association Executive shall then deal with the matter and their decision shall stand. The operation of the Disciplinary Committee shall not be suspended pending the hearing unless so ordered by the Executive.

Appeal from the SASA

5. An appeal, dispute, or protest of a decision of the Executive of the Association may be made in writing to the Secretary of the ASA within 72 hours of the decision. The appeal must be accompanied by an appeal, dispute, or protest fee (determined by ASA) which shall be returned only if the appeal, dispute, or protest is upheld. No written document can be considered as an appeal, dispute, or protest unless it is accompanied by the correct fee and is received within the proper time limit. Appeals to the CSA will only be accepted if they relate to constitutional matters.

Amendments to Bylaws:

The bylaws of the St. Albert Men's Masters Recreational Soccer League may be made at any meeting attended by a majority of team managers and executive. The amendment will be introduced, discussed must be passed by a majority vote of team managers (1 vote per team) and executive (1 vote each) present at the meeting. No person may vote twice.

Compiled by S.R. March 1995,

Updated Jan 1999

Updated Feb 2002 by D.B.

Updated and applied to Men's Masters by W.S. October 2002

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